



How to: Make Native Seed Balls

First you'll need...

- Clay or mud, soil, water, and flowering native seeds!
 - Ex: Coneflower, milkweed, goldenrod, iron weed, etc.

Now put it all together:

- Mix a little bit of soil, water, and clay together, then put some seeds in the center of your mixture, and fold the edges over, rolling it up to make a ball
- Let it to dry and place it in your backyard/garden (or toss it in nature!)

Keep it native!

- You want flowers that your native wildlife enjoy, so it's best to use plants you would find in Iowa



Painted Lady ~Iowa Native~

- Most widely distributed butterfly in the world due to the larvae's diet of common plants
- Scientific name (Vanessa cardui)

means "butterfly of thistle"



Pollinators of Iowa:

- The most important pollinators are bees, wasps, butterflies and moths. Iowa pollinators include many of these insects and the Ruby-throated Hummingbird.